Coronavirus is spread easily and is deadly. Social distancing, also called physical distancing, is an important way to stop the virus from spreading.

- Stay at least 6 feet away from people out in public, even if they don’t look sick.
- Stay at least 6 feet away from people out in public, even if you are wearing a face covering.
- Don’t shake hands, hug or kiss people you don’t live with.
- Don’t visit friends and family because you may put each other at risk of getting sick.
- Don’t leave your house unless you have to go to work, the store or the doctor.
- Stay home as much as you can and talk with people on the phone.

Social distancing saves lives.

Sources: COVID-19 Health Literacy Project, CDC.gov
Other language resources: www.cdc.gov/pubs/other-languages

For more information, visit covid19.mcw.edu