

CORONAVIRUS: PREGNANCY AND YOU



IF I AM PREGNANT, CAN I GET CORONAVIRUS?

Everyone, including pregnant women, can get coronavirus. Pregnant women with pre-existing medical conditions like asthma, heart disease or diabetes, could be at greater risk

HOW CAN I PROTECT MYSELF FROM GETTING CORONAVIRUS?

- Stay home except to go to the doctor
- Avoid people who are sick or who have been exposed to coronavirus
- Stay at least 6 feet away from people and always wear a face covering if you need to go out
- Wash hands for 20 seconds with soap and water or alcohol-based hand sanitizer
- Clean surfaces every day with soap and water or disinfecting wipes

IF I GET CORONAVIRUS WILL I HAVE PREGNANCY COMPLICATIONS?

It is not known if coronavirus causes pregnancy complications, but women with other medical problems like asthma, heart disease and diabetes, are at greater risk

IF I GET CORONAVIRUS CAN IT BE PASSED TO MY UNBORN BABY?

There is no evidence of coronavirus being passed from a mother to her unborn baby

ARE THERE ENOUGH DOCTORS TO TAKE CARE OF ME AND MY BABY?

Yes. The hospital will make sure you are both safe and taken care of

SHOULD I STILL GO TO MY DOCTOR APPOINTMENTS?

Ask your doctor. They will decide based on your medical history and pregnancy stage. If you do not have a doctor, call 211

SHOULD I CONSIDER GIVING BIRTH AT HOME TO AVOID THE HOSPITAL?

Hospitals and clinics are taking steps to make sure you and your baby are safe. Home births carry risks for mothers and babies. Please talk with your doctor

WHAT IF I WANT TO GET PREGNANT IN THE NEXT FEW MONTHS?

- Wait to get pregnant until your doctor says it's okay
- To prevent pregnancy, call your doctor to make sure you have birth control

I'M FEELING VERY STRESSED OUT ABOUT THE CORONAVIRUS. WHERE CAN I GET HELP?

Please contact your doctor. If you don't have a doctor call 211. You can also call the Medical College of Wisconsin's OBGYN Perinatal Mental Health service at (414) 805-6600 or the 24-Hour Emergency Line at (414) 805-6700